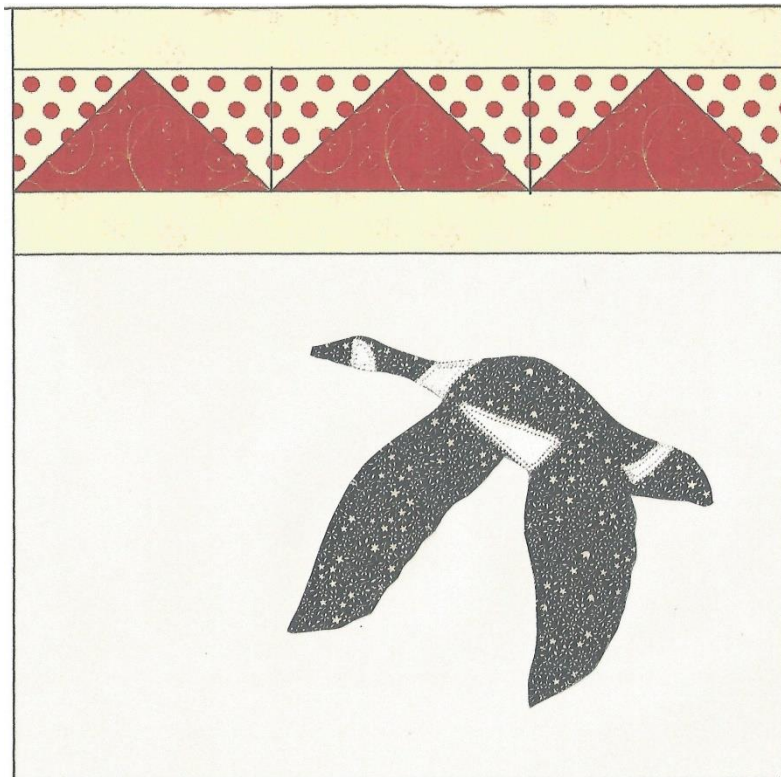


## Canadian Summer Quilt Along - Canada Goose Cabin Block

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### Fabric Requirements

Cream:	1 – 3" x 3" square
	1 – 4" x 12 ½" strip
Red and White Print:	1 – 2 ½" x 22" strip
Red:	1 – 2 ½" x 22" strip
Grey:	1 – 8 ½" x 12 ½" rectangle
Black Print	1 – 7" x 9" rectangle
Steam a Seam Lite:	1 – 7" x 9" piece

### Cutting Instructions

From Red cut 3 –	2 ½" x 4 ½" rectangles
From Red and White cut 6 –	2 ½" squares
From Cream cut 2 –	1 ½" x 12 ½" strips
From Grey cut 1 –	8 ½" x 12 ½" rectangle

## **Make Flying Geese**

There is a tutorial on Craftsy; [www.craftsy.com/quilting/article/how-to-make-flying-geese](http://www.craftsy.com/quilting/article/how-to-make-flying-geese)

Make 3 Flying Geese units. Draw a diagonal line on the wrong side of the 6 – 2 ½ “ red and white print squares

1. Place a 2 ½ “ square on the right end of a red rectangle with right sides together. Stitch from centre of square to the corner, just outside the drawn line
2. Trim seam allowance to ¼” and press to the red side
3. Repeat with second square on the Trim block to 2 ½ ” x 4 ½ ”

Stitch 3 completed Flying Geese units together end to end. This should Measure 2 ½” x 12 ½ “

## **Assemble Block**

Stitch rows together as in diagram on Page 2. Finished block should measure 12 ½ ” x 12 ½ ”

## **Prepare Canada Goose**

Trace Canada Goose outline from Template onto the Steam a Seam Lite paper. Trim around outline leaving a narrow rim. Press Steam a Seam Lite shape onto the WRONG side of the black fabric. Trim fabric on outline of goose.

Use scraps of Steam a Seam Lite to trace and prepare cream coloured pieces of the goose.

Remove paper from Cream fabric shapes and press onto Goose. I do this before placing goose on block, so there is still time to fix any mistakes. It's much easier to redo the goose at this stage than to redo the whole block! Position the goose where you would like it on your block. I placed mine a little left of centre. Don't worry if your goose is flying the other direction.

\*Helpful Hint – If you don't have any fusible web such as 'Steam A Seam Lite', I have found that using a glue stick on the back of the applique and pressing it down with a warm iron before stitching is a good substitute. Be sure to place a paper towel or scrap over it to protect your iron.

## **Stitch Canada Goose to Block**

I used a narrow, machine blanket stitch to applique my goose. You can also use a satin stitch to zigzag the edge or simply edge stitch it down. Over achievers, feel free to use needle-turn applique!

Copy at 100%  
Test 1 inch line to make sure your printing is the  
Correct size

